

How to Add Wildflowers Into Your Garden

Useful sources of information:

Wildflower identification - <https://www.plantlife.org.uk/>

Wildflowers in the North Pennines - <https://northpennines.org.uk/wp-content/uploads/2020/03/SpotterGuideHayMeadowFlowersandGrasses.pdf>

Identifying hay meadow flowers:

<https://www.cumbriawildlifetrust.org.uk/sites/default/files/2018-05/identifying-hay-meadow-flowers-leaflet.pdf>

Wildlife Gardening:

https://www.cumbriawildlifetrust.org.uk/sites/default/files/2023-05/free-Wildlife-Gardening-Leaflet_0.pdf

Gardening for Bumblebees (North Pennines):

https://northpennines.org.uk/wp-content/uploads/2019/12/Gardening_for_Bumblebees_Top_Tips_for_the_North_Pennines.pdf

Nectar and food plants for butterflies and caterpillars - <https://butterfly-conservation.org/>

Night scented plants for moths - honeysuckle, common jasmine, evening primrose, night-scented stock, tobacco plant (nicotiana), sweet rocket.

Bowlees Visitor Centre events (includes volunteering for gardening activities):

<https://northpennines.org.uk/events/>

Wildflower walks North Pennines (Nectarworks):

https://northpennines.org.uk/what_we_do/the-farmed-landscape/haymeadows-and-grasslands/nectarworks/

Wildflower walks Cumbria Wildlife Trust:

<https://www.cumbriawildlifetrust.org.uk/explore/wildlife-walks#downloads>

Cumbria Wildlife Trust nature reserves (free to visit):

<https://www.cumbriawildlifetrust.org.uk/nature-reserves>

(Argill Woods, Augill Pasture, Swardale Viaduct and Bowber Head Farm are near Kirkby Stephen)

BBC Countryfile website -

<https://www.countryfile.com/search?phrase=wildflower%20gardening>

Suppliers of wildflower seeds and plug plants and information:

Meadowmania - www.meadowmania.co.uk

Landlife Wildflowers (sell seedballs) - <https://www.wildflower.co.uk/>

Naturescape bulbs and seeds - <https://www.naturescape.co.uk/>

Eggleston Hall Gardens - www.egglestonhallgardens.co.uk